

## Flower List

Date	Donor's Name	Flower Arranger
3rd May	Mrs Cath Hill	Mrs Margaret McLean
10th May	Mrs Liz Harrison	Mrs Dorothy Kirkpatrick Mrs Sadie Young
17th May	Mrs Mairi Robertson	- do -
24th May	Mrs Sheila Burgon	- do -
31st May	Miss Isobel Smith	Miss Isobel Smith

## Abbey Church Creche Duty

Sunday 3rd May	Joan Lunn	Catriana Spencer
Sunday 10th May	Mgt. Lawson	Janice Cobb
Sunday 17th May	Mandy Vance	Carol Stobie
Sunday 24th May	Sadie Young	Sue Paterson
Sunday 31 May	Kirsty Baron	Sandra Baron

## Praying Across Scotland

Prayer for the General Assembly on Sunday 10th May 2015  
2.30 At Ormiston Parish Church  
All Welcome  
Presbytery of Lothian Prayer Promoters

## Church Register

### **Baptism**

19<sup>th</sup> April Frederick Henderson (baptised at Dirleton)

Abbey Church, North Berwick (Church of Scotland)  
Scottish Charity No. SCO 04761—CCL51436

## **Abbey Church News May 2015**

Abbey Church, 116 High Street, North Berwick  
Church Office: 01620 892800  
[abbeychurch@btconnect.com](mailto:abbeychurch@btconnect.com)

**Minister: Rev. Dr David J Graham, BSc, BD**

Pastoral Assistant: Bob Kane

Sunday Morning Worship at 10.30am.  
Sunday Evening Service at 6.00pm  
Come along. All welcome.

## Sunday Services

**Our Sunday morning services** consider the resurrection and gift of the Spirit in Romans.

The **evening services** (until the end of May) are part of a year-long journey through the Bible and faith: **'We make the road by walking'**. There are also related Bible readings for House Groups and personal devotion.



Dear Friends,

This year, May is General Election month. You may have noticed! It's also General Assembly month, every year. I'm not attending the Assembly this year (that privilege only comes round every four or five years), but I try to follow it closely with the reposts, the live tweets and webcast. You may not get the same atmosphere as actually being there, but you can always slip out and make a cup of coffee!

As yet, I haven't seen any of the reposts which will be considered and debated, but I'm sure that, as every year, they will contain the considerations of a lot of thought, reflection and prayer. Please pray for the Assembly, meeting from 16<sup>th</sup> to 22<sup>nd</sup> May, and for the new Moderator, Angus Morrison. You may recall that Angus had to withdraw at short notice last year, so we pray for good health for him this coming year.

May is also Christian Aid Week, starting on Sunday 10<sup>th</sup>. The united evening service is in St Andrew Blackadder this time; please join us there. I know how hard-working our local committee is, and how generously our town supports the fundraising. We're always aware of the needs of our world, and can't ignore the plight of the poor.

Although there are always domestic things we have to attend to in the Church, the Assembly and Christian Aid both remind us that we must always be looking outwards to the world which Jesus loves, and into which he sends us.

Your minister,

David

## Time to unwind and come aside.

( I'D Like to share this with you)



My dear child,  
Come and spend time with me and rest,  
For I give rest to all who come to me.  
Lay down your burdens and give them to me  
As I will meet all your needs,  
For no thing is impossible to me.  
Do not be afraid as I am with you  
And will never leave you or desert you,  
You are safe with me, so be full of joy and courage.  
Look to me and you will see the answers to your prayers;  
So be full of thankfulness and joy,  
For I work all things together for good for you,  
As I know how much you love me.  
I am your Father and I love you with an everlasting love,  
And want to give you life in abundance  
So stop, rest and Listen to me;  
For you are my very own child  
And you can hear my voice, and know what I sound like,  
As you are still and know that I am God and I am in control  
Of everything, I will you with my peace and my joy,  
And you will know how much I love you.  
Call to me and I will answer you,  
And as you draw near to me, I will draw near to you  
I lead you by still waters and so you rest in green pastures.  
There is much we will do together  
But, for now, will you put aside everything else and just be with me?  
Love,  
Your Dad, Almighty God.

*From "Letters from my Father" by Wendy Thomas.*

Hope you all gain something when reading the above.

Betty Hawthorn (Prayer Secretary)

### Bethany Care Shelter 2014 - 2015

This winter Abbey Church served meals for homeless people in various Edinburgh Church halls on five occasions. We catered for 213 homeless people plus staff between December and March. A typical menu was:- Mince & carrots, potatoes, pastry and mixed vegetables or vegetarian pasta. Followed by apple tart and custard, trifle, lots of yoghurts, fresh fruit, tea, coffee, biscuits and sweeties. We also leave food for breakfast the following morning. We served a meal just before Xmas and thanks to donations we made up gift bags with toiletries, new socks and a mars bar. We also had a supply of warm hats, scarves and clothing. A very big thank you to all who helped and to those who generously donated fresh fruit, yoghurts, sweets, warm clothing and money. Also thanks to Anderson the Butcher who kindly donates fresh mince every year. Due to Health and Hygiene regulations we have to prepare and cook the food on the premises so it means doing lots of shopping then leaving North Berwick about 6.00pm and not getting back until almost midnight. It is a very rewarding though humbling experience. We have £154 in the bank to start us off for next year thanks to £133 donated from the Easter breakfast and hot X buns.

### Abbey Church Super Sunday Club

The Super Sunday Club is on every Sunday until the end of June. All children aged 4 - 12 invited along to join in the fun.

### Seaside Rock Holiday Club -

**For all children 4 - 12 years.**

Seaside Rock Holiday Club is coming back - every Sunday in July (5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup>) on the beach beside Abbey Church. Write the dates on your calendars to make sure you don't miss out on the fun. More details in the next Abbey News.

### May Services

May	Morning Service	Evening Services
3 <sup>rd</sup>	Guest speaker from The Leprosy Mission	Partnership
10 <sup>th</sup>	God's love poured out	Christian Aid service, St Andrew Blackadder
17 <sup>th</sup>	Hope	Keep rising up
24 <sup>th</sup>	Nothing can separate us	The Spirit is moving
31 <sup>st</sup>	Gift of the Spirit	Moving with the Spirit

### Caring for the Elderly

Carol Walker (North Berwick Day Centre) and Sue Northropp (Dementia Friendly North Berwick) gave a very interesting talk to some members of Abbey and Dirleton churches.

They told us that one in three people over age 65 will get will suffer from dementia; unfortunately, the illness is progressive and, at this time, there is no known cure for it.

The onslaught of it can be lessened by exercise; likewise, socialising with people is an excellent stimulation. Both these things keep the blood circulating and are good exercise for the brain.

### The Flying Aspidistras

*Let's Face the Music...*

The Flying Aspidistras and friends present an evening of favourite show-stopping greats from the Golden Age of musicals, including dancers from the Freedom and Form Dance School.

**Abbey Church, Saturday 2nd May, 7.30pm. Tickets £5 from Greens and Blues or at the door.**

In aid of North Berwick First Responders.

**Regal**  
**Rosslyn Chapel**

Rosslyn Chapel was founded in the mid-15th century and originally had six ordained canons and two boy choristers. The purpose of the chapel was to celebrate the passing of the day with prayer and also to celebrate Holy Mass for the faithful who had departed .

Since the late 1980s the chapel has also featured in speculative theories concerning the Freemasons, the Knights Templar and the Holy Grail.

Rosslyn Chapel was prominently featured in the 2003 bestseller, The Da Vinci Code and thereafter in the film adaptation.

Regal has been very fortunate as we have managed to arrange a private tour of the chapel with a guide on Thursday, 11 June 2015 commencing at 11.00 am; however, we must have a minimum of 12 people in our party. All ladies and gentlemen in Abbey Church are welcome to join the tour. After the tour we will have a light lunch (soup and sandwiches/paninis) in the Rosslyn cafe. The concessionary entrance fee is £7.

Please send an email (im.aitken@btinternet.com or telephone 890070). We will go by car and any person who wishes a lift should indicate to me that they would like transport.

This outing to Rosslyn will be my swansong as organiser of Regal as I feel it is time to hand over the reins to someone with fresh ideas. If you would like to take over the Regal helm please have a chat with me.

*Ian M Aitken*

**Christian Aid**

Christian Aid and its partners are working to bring an end to poverty around the world - tackling the root causes as well as its effects. Last year North Berwick and Dirleton collected over £13,000 and we want to try and beat that sum in 2015.

This year the Christian Aid week commences on Sunday, 10 May and continues to until Saturday, 16 May. During the week there are many events taking place in the town and there is bound to be something of interest to you - why not go along and make some new friends.

Sunday, 10 May 6.00pm	United service in St Andrew Blackadder
Tuesday, 12 May 7.00pm	Cheeses and wine evening in Our Lady of the Sea Hall
Wednesday, 13 May 10.30am	Coffee morning in Dirleton Church Hall
Friday, 15 May 7.30pm	Quiz evening in Hope Rooms
Saturday, 16 May 10.00am	Coffee morning in Hope Rooms. bric-a-brac, baking, books and a raffle

**Pastoral Note**

If you know someone would like a visit while in hospital, please pass on the ward number to the Minister. Hospitals are not allowed to give out ward numbers, even to ministers! Thank you

**New Member**

We welcome Gregor Penman as a new member, by profession of faith, on Easter Sunday.