



‘TryPraying is for those who don’t *do* church.’

The desire to reach out to God is basic to many, many people. TryPraying is a resource for people who have no church connection or interest, but are open to finding out if God answers prayer.

TryPraying invites people to begin talking to God and makes suggestions for how to start. The invitation is to try praying for 7 days and see what happens. There is a smartphone app and a booklet. Or visit <http://www.trypraying.co.uk> to begin your own prayer journey.

Prayer is conversation with God. You don’t need to use special words or a special voice. You can pray out loud or silently. God knows what you think and is aware of all you do. So, you can talk to him about anything.

Try praying – it’s easier than you think.

*Note: TryPraying has been a resource used by churches annually at Easter for the last few years and is particularly relevant during the current world situation.*